

13th January

10th February

10th March

14th April

12th May

9th June

14th July

11th August

8th September

13th October

10th November

8th December

**Providing leadership in dementia
advocacy, awareness and understanding**

The First meeting of the Wingecarribee Dementia Support Group for carers will take place on the 13th of January 2009 at the Queen Street Centre, Moss Vale. The meetings will occur on the second Tuesday of every month, from 10 am till noon with morning tea provided. Carers are able to come together to share information, their experiences of living with dementia, caring skills and ways of managing and coping. For further information or to RSVP for catering purposes please phone **Angela** on **48 695651** if unanswered please leaving a message.

Carer Support Group 2009



Dementia Advisory Service for the Wingecarribee

Who can attend: If you are caring for a person living with dementia you are welcome to attend. This may include spouse or other family member. If your relative is in residential care, you are still very much involved in the caring role and are welcome to attend. You may wish to attend regularly or occasionally, according to your need.

If you require respite please contact the Commonwealth Carer Respite Centre on 1800 059 059 or your service provider.

Dementia Advisory Service

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